

MID-PIEDMONT 3A TRACK & FIELD
ALL-CONFERENCE
2024

WOMEN'S TRACK & FIELD

Jalaya Showers	Asheboro
Nyla Price	Asheboro
Lia George	Asheboro
Rebecca Wilson	Asheboro
4x200 Relay Team	Asheboro
4x100 Relay Team	Asheboro
4x400 Relay Team	Asheboro
Cora Hadley	Oak Grove
Hannah Creech	Oak Grove
Brooke Glover	Oak Grove
Makinley Beers	Oak Grove
Emma Hadlet	Oak Grove
4x800 Relay Team	Oak Grove
4x400 Relay Team	Oak Grove
Breanna Allison	Montgomery Central
Azaria Martin	Montgomery Central
Bailey Hicks	North Davidson
Hadley Smith	North Davidson
Mattie Berrier	North Davidson
4x800 Relay Team	North Davidson
4x200 Relay Team	North Davidson
4x100 Relay Team	North Davidson
Jillian Parks	Central Davidson
Brea White	Ledford

Sprint MVP - Jalaya Showers - Asheboro

Distance MVP - Jillian Parks - Central Davidson

Field Events MVP - Cora Hadley - Oak Grove

Coach of the Year - Carl Weaver - Montgomery Central

MID-PIEDMONT 3A TRACK & FIELD
ALL-CONFERENCE
2024

MEN'S TRACK & FIELD

Markes Hardin	Oak Grove
Aiden Edwards	Oak Grove
Luke Vannoy	Oak Grove
Connor Creech	Oak Grove
Evan Messer	Oak Grove
Nathan Welborn	Oak Grove
Chase Everhart	Oak Grove
Talen Goyette	Oak Grove
4x800 Relay Team	Oak Grove
4x400 Relay Team	Oak Grove
Lance Everhart	Asheboro
Valentino Mark	Asheboro
Kai Matthews	Asheboro
Elijah Woodle	Asheboro
4x200 Relay Team	Asheboro
4x100 Relay Team	Asheboro
4x400 Relay Team	Asheboro
Imon Freeman	Montgomery Central
Cain Arzate-Solis	Montgomery Central
Jamari Pemberton	Montgomery Central
4x800 Relay Team	Montgomery Central
4x200 Relay Team	Montgomery Central
4x100 Relay Team	Montgomery Central
Jarius Montgomery	Central Davidson
Zane Ellis	Central Davidson
Cameron Walker	Ledford
Xavier Todd	Ledford
Kyle Nifong	North Davidson

Sprint MVP - Markes Hardin - Oak Grove

Distance MVP - Aiden Edwards - Oak Grove

Field Events MVP - Lance Everhart - Asheboro

Coach of the Year - Henry Bustle - Montgomery Central