

MID-PIEDMONT ATHLETIC 3A  
TRACK & FIELD  
ALL-CONFERENCE - 2023

WOMEN'S ALL-CONFERENCE TRACK & FIELD

Emma Hadley	Oak Grove	Jillian Parks	Central Davidson
Chloe Koper	Oak Grove	Riley Horne	Central Davidson
Cora Hadley	Oak Grove	Riley Elliott	Central Davidson
Rebecca Wilson	Asheboro	Alex Myers	Central Davidson
Jalaya Showers	Asheboro	Addy Cranfill	Central Davidson
Lia George	Asheboro	Azaria Martin	Montgomery Central
Sion Murrain	Asheboro	Breanna Allison	Montgomery Central
Annabelle Evans	Ledford	Mattie Berrier	North Davidson
Brea White	Ledford	Sydney Craver	North Davidson

Oak Grove	4x100 Relay Team, 4x400 Relay Team, 4x800 Relay Team
Asheboro	4x100 Relay Team, 4x200 Relay Team
Central Davidson	4x400 Relay Team, 4x800 Relay Team
Ledford	4x200 Relay Team

Sprint Events MVP - Azaria Martin - Montgomery Central

Distance Events MVP - Jillian Parks - Central Davidson

Field Events Co-MVP - Rebecca Wilson - Asheboro  
- Emma Hadley Oak Grove

Coach of the Year - Shawn Loggins - Oak Grove

## MEN'S ALL-CONFERENCE TRACK & FIELD

Hunter Creech	Oak Grove	Austin DeGeorge	Central Davidson
Connor Creech	Oak Grove	Jaylyn Smith	Central Davidson
Aiden Edwards	Oak Grove	Brecken Crotts	Central Davidson
Nathan Welborn	Oak Grove	Caleb Lopez	Montgomery Central
Sean McNerney	Oak Grove	Jamari Pemberton	Montgomery Central
Valentino Mark	Asheboro	Cameron Walker	Ledford
Connor Adams	Asheboro	Sawyer Dobbins	Ledford
Nicolas Chavez	Asheboro	Peter Simpson	North Davidson
Lance Everhart	Asheboro	Alston White	North Davidson

Oak Grove	4x100 Relay Team, 4x200 Relay Team, 4x400 Relay Team
Montgomery Central	4x200 Relay Team, 4x800 Relay Team
Ledford	4x100 Relay Team, 4x800 Relay Team
Asheboro	4x400 Relay Team

Sprint Events MVP - Valentino Mark - Asheboro

Distance Events MVP - Hunter Creech - Oak Grove

Field Events MVP - Brecken Crotts - Central Davidson

Coach of the Year - Calvin Keller - Oak Grove

MID-PIEDMONT ATHLETIC 3A  
MEN'S GOLF  
ALL-CONFERENCE - 2023

Aidan Wilson	Oak Grove
Lincoln Newton	Oak Grove
William McKenzie	Oak Grove
Cooper Bennett	Oak Grove
Jake Bethune	Ledford
Javon Comer	Ledford
Isaac Shaver	Ledford
Brendan Wright	North Davidson
Andrew Bauer	North Davidson
David Elliott	Asheboro
Luke Payne	Asheboro
Carson Roach	Central Davidson

Player of the Year - Aidan Wilson - Oak Grove

Coach of the Year - Randy Mercer - Ledford

MID-PIEDMONT ATHLETIC 3A  
BASEBALL  
ALL-CONFERENCE - 2023

Garrett Roark	Ledford	Brayden Hill	North Davidson
Bryce England	Ledford	Alex Naylor	North Davidson
Ayden Wall	Ledford	Carter Benson	North Davidson
Kelvyn Paulina	Ledford	Hayden Gooding	North Davidson
Gabe Barker	Ledford	Justin Mabe	North Davidson
Jadden Rodriguez	Ledford	Tanner Marsh	Asheboro
Jarred Lindholm	Oak Grove	Davis Gore	Asheboro
Dawson Shelton	Oak Grove	Connor Adams	Asheboro
Bo Tiller	Oak Grove	Will Black	Central Davidson
Jake Smith	Oak Grove	Luke Daniels	Central Davidson

Pitcher of the Year - Garrett Roark - Ledford

Player of the Year - Tanner Marsh - Asheboro

Coach of the Year - Kevin Goss - Ledford

MID-PIEDMONT ATHLETIC 3A  
WOMEN'S SOCCER  
ALL-CONFERENCE - 2023

Keelan Moore	North Davidson	Haley Long	Oak Grove
Reese Sullivan	North Davidson	Hailey Kidder	Oak Grove
Kyndall Moore	North Davidson	Kyrsten Varner	Oak Grove
Avery Welty	North Davidson	Carmen Difoggio	Oak Grove
Chelsea Prescott	North Davidson	Gracie Phillips	Central Davidson
Ella Coen	North Davidson	Maddie Martin	Central Davidson
Madison Luck	Asheboro	Karsyn Tysinger	Central Davidson
Natalie Flores	Asheboro	Aubry Woodard	Central Davidson
Carlisle Dozier	Asheboro	Maddie Callahan	Ledford
Natasha Mederos	Asheboro	Morgan Harrison	Ledford
Tess Moody	Asheboro	Nera Wesley	Ledford
Anassia Robinson	Montgomery Central	Sarah Ledbetter	Ledford

Offensive Player of the Year - Keelan Moore - North Davidson

Defensive Player of the Year - Reese Sullivan - North Davidson

Coach of the Year - Jose Duarte - North Davidson

MID-PIEDMONT ATHLETIC 3A  
MEN'S TENNIS  
ALL-CONFERENCE - 2023

Cody Fowler	Central Davidson	Logan Thoma	Ledford
Cam Bean	Central Davidson	Jeremiah Stone	Ledford
Cameron Kinney	Central Davidson	Zane Stowe	Ledford
Dalton Collins	Central Davidson	Julio Santillian	Ledford
Chance Plummer	Oak Grove	Austin Brigman	North Davidson
Nate Overton	Oak Grove	Brandon Duarte	North Davidson
Aiden Fleming	Oak Grove	Patrick Piansay	Asheboro

Player of the Year - Logan Thoma - Ledford

Coach of the Year - Caleb Robertson - Central Davidson

MID-PIEDMONT ATHLETIC 3A  
SOFTBALL  
ALL-CONFERENCE - 2023

Alissa Russ	Oak Grove	Riley Hutchinson	Central Davidson
Allie Johnston	Oak Grove	Ella Eilbacher	Central Davidson
Chloe Watkins	Oak Grove	Ella Tucker	Central Davidson
Shae Grainger	Oak Grove	Sophie Wheat	Ledford
Carly White	Oak Grove	Ivy Francis	Ledford
Mary Peyton Hodge	Oak Grove	Kyndal Rush	Montgomery Central
Alex Gray	North Davidson	Morgan Maness	Montgomery Central
Kayla Milam	North Davidson	Meredith Spivey	Montgomery Central
Bethany Pigg	North Davidson	Taylor Davis	Asheboro
Abby Brown	North Davidson	Morgan Coward	Asheboro

Pitcher of the Year - Alissa Russ - Oak Grove

Player of the Year - Alex Gray - North Davidson

Coach of the Year - Danielle Diluzo - Oak Grove

MID-PIEDMONT ATHLETIC 3A CONFERENCE  
2022 - 2023 ATHLETES OF THE YEAR

FEMALE ATHLETE OF THE YEAR  
Haley Long - Oak Grove High School

MALE ATHLETE OF THE YEAR  
Nathan Carr - Ledford High School