

Tabor City Relays Track & Field Meet
Mount Tabor High School Track
Thursday, April 24, 2025

Women 4000m Distance Medley Relay

NAME YR TEAM	MARK	H#
1 Forsyth Country Day School	12:53.76	1
2 West Forsyth	13:22.59	1
3 Reagan	17:29.57	1

Men 4000m Distance Medley Relay

NAME YR TEAM	MARK	H#
1 Mount Tabor	10:33.60	1
2 Forsyth Country Day School	10:41.32	1
3 West Forsyth	10:52.96	1
4 Mount Tabor	11:43.90	1
5 West Forsyth	11:44.83	1
6 West Forsyth	12:38.37	1
7 Asheboro	13:58.32	1
8 Hargrave Military Academy	14:32.21	1

Women 4x100 Meter Relay

NAME YR TEAM	MARK	H#
1 Parkland Magnet IB	50.15	3
2 Reagan	51.56	3
3 Asheboro	51.67	3
4 West Forsyth	52.90	3
5 Mount Tabor	53.44	3
6 R.J. Reynolds	53.66	2
7 West Forsyth	55.81	2
8 Mount Tabor	55.98	1
9 Carver	56.59	2
10 R.J. Reynolds	56.89	1

Men 4x100 Meter Relay

NAME YR TEAM	MARK	H#
1 Parkland Magnet IB	42.52	3
2 Mount Tabor	43.54	3
3 Reagan	43.98	3
4 Asheboro	44.07	3
5 Glenn	44.21	3
6 West Forsyth	44.36	2
7 Carver	44.57	3
8 Reagan	45.09	1
9 R.J. Reynolds	45.11	2
10 West Forsyth	46.56	1
11 Mount Tabor	47.46	2
12 R.J. Reynolds	48.40	1
13 Carter G Woodson Charter	49.32	2
14 Hargrave Military Academy	54.47	2

Women 4x100 Shuttle Hurdle Relay

NAME YR TEAM	MARK	H#
1 Mount Tabor	1:07.29	2
2 Reagan	1:14.96	2
3 Asheboro	1:15.41	1

Men 4x110 Shuttle Hurdle Relay

NAME YR TEAM	MARK	H#
1 Mount Tabor	1:02.43	1
2 Asheboro	1:06.81	1

Women 800 Meter Sprint Medley Relay

NAME YR TEAM	MARK	H#
1 Mount Tabor	1:51.27	2
2 Reagan	1:55.32	2
3 Parkland Magnet IB	1:58.54	2
4 Parkland Magnet IB	1:58.77	1
5 West Forsyth	1:58.86	2
6 West Forsyth	2:01.57	1
7 Mount Tabor	2:03.96	1
8 Forsyth Country Day School	2:04.18	2
9 R.J. Reynolds	2:08.68	1
10 R.J. Reynolds	2:11.55	2

Men 800 Meter Sprint Medley Relay

NAME YR TEAM	MARK	H#
1 Mount Tabor	1:34.47	2
2 West Forsyth	1:36.86	1
3 Reagan	1:39.17	2
4 Reagan	1:39.39	1
5 R.J. Reynolds	1:40.08	2
6 Forsyth Country Day School	1:40.54	2
7 Mount Tabor	1:40.55	1
8 Glenn	1:42.61	2
9 West Forsyth	1:44.83	2
10 R.J. Reynolds	1:48.53	1
11 Hargrave Military Academy	2:04.24	1

Women 4x400 Meter Relay

NAME YR TEAM	MARK	H#
1 West Forsyth	4:32.33	1
2 Carver	4:45.08	1
3 R.J. Reynolds	5:07.63	1

Men 4x400 Meter Relay

NAME YR TEAM	MARK	H#
1 Parkland Magnet IB	3:23.41	2
2 Reagan	3:28.53	2
3 Carver	3:35.62	2
4 Mount Tabor	3:36.43	2
5 Parkland Magnet IB	3:39.13	1
6 R.J. Reynolds	3:43.33	2
7 West Forsyth	3:43.94	2
8 Asheboro	3:44.54	1
9 Mount Tabor	3:52.32	1
10 Carter G Woodson Charter	4:01.47	1
11 Mount Tabor	4:11.08	1

Women Shot Put

NAME	YR	TEAM	MARK	H#
1 Laila Jones	9	West Forsyth	39-5	1
2 Amiya Cody	12	Parkland Magnet IB	31-3.50	1
3 Trynitee Brady	11	Asheboro	28-10	1
4 Melanie Mills	11	Glenn	26-0	1
5 Jazmyne Weston	11	R.J. Reynolds	25-0.50	1
6 Ge'Iani Smith	9	R.J. Reynolds	24-10	1
7 Caitlin Lowe	12	Reagan	23-8	1
8 Lyric Imes		Glenn	22-3.25	1
9 Kalaylah Allen	9	R.J. Reynolds	22-2	1
10 Taniyah Bradley	10	Carver	21-9	1
10 Sydney Werts	11	R.J. Reynolds	21-9	1
12 Zhahada Dawson	10	Reagan	15-8	1
13 Taniya Murphy	11	Carver	14-9	1

Men Shot Put

NAME	YR	TEAM	MARK	H#
1 DeMarcus Mashack	12	Mount Tabor	51-7.50	2
2 Justin Johnson	12	Mount Tabor	48-7	2
3 Jorge Caceres Dominguez	12	Asheboro	44-10	2
4 Sam King	11	North Stokes	43-6.50	2
5 Dax Beck	10	Reagan	43-6	2
6 Daniel Kern	12	Mount Tabor	43-4	2
7 J'mari Hands	10	Parkland Magnet IB	42-9	2
8 Boone Hinesley	11	Asheboro	42-2.50	2
9 Jamayion Balfour	11	Asheboro	39-5	1
10 Juan Pablo Munoz	11	Asheboro	38-3.50	1
11 Elijah Imes	9	Glenn	37-5	2
12 Thomas Caldwell	10	Reagan	36-1	1
13 Jaisean Gamble	9	Mount Tabor	35-3	1
14 Maverick Newsome	11	West Forsyth	35-2	1
15 Mason McLendon	12	R.J. Reynolds	32-3	1
16 Makhi Cross		Glenn	32-1.50	1
17 Daymian Redford		Mount Tabor	31-4	1
18 Isaiah Screen	12	Carver	30-9.50	1
19 Maliq Daniel	10	Mount Tabor	30-7	1
20 DK Jeanty		Glenn	27-9	1
21 Xavier Henry	11	R.J. Reynolds	27-3	1
22 Marquis Cody		Parkland Magnet IB	26-9.50	1
23 Christopher Mcdaniel		Parkland Magnet IB	23-1	2

Women Discus Throw

NAME	YR	TEAM	MARK	H#
1 Laila Jones	9	West Forsyth	150-6	1
2 Amiya Cody	12	Parkland Magnet IB	89-10	1
3 Makayla Betts	10	Reagan	78-1	1
4 Trynitee Brady	11	Asheboro	74-8	1
5 Jazmyne Weston	11	R.J. Reynolds	71-10	1
6 Taniyah Bradley	10	Carver	69-5	1
7 Caitlin Lowe	12	Reagan	68-0	1
8 Aleah Smith	12	Asheboro	63-5	1
9 Sydney Werts	11	R.J. Reynolds	60-9	1
10 Cadence Siler	9	Asheboro	57-9	1
11 Ge'Iani Smith	9	R.J. Reynolds	48-2	1
12 Taniya Murphy	11	Carver	38-11	1

Men Discus Throw

NAME	YR	TEAM	MARK	H#
1 John Coles	12	Mount Tabor	158-11	2
2 Justin Johnson	12	Mount Tabor	145-8	2
3 DeMarcus Mashack	12	Mount Tabor	139-11	2
4 Sam King	11	North Stokes	136-11	2
5 Esau Evans	11	Reagan	134-9	2
6 Juan Pablo Munoz	11	Asheboro	131-0	2
7 Boone Hinesley	11	Asheboro	130-11	2
8 Dax Beck	10	Reagan	127-0	2
9 Scotty Howerton	10	Reagan	120-4	2
10 Lakota Fisher	12	Reagan	119-10	2
11 Daniel Kern	12	Mount Tabor	118-6	2
12 Jorge Caceres Dominguez	12	Asheboro	118-2	1
13 J'mari Hands	10	Parkland Magnet IB	117-8	2
14 Maverick Newsome	11	West Forsyth	96-11	1
15 Lincoln Glymph	10	Mount Tabor	95-11	2
16 Jamayion Balfour	11	Asheboro	94-4	1
17 Owen Shick	11	Reagan	93-2	1
18 Jaisean Gamble	9	Mount Tabor	90-6	1
19 Khayden Wright	10	Parkland Magnet IB	88-9	1
20 Thomas Caldwell	10	Reagan	82-5	1
21 Elijah Imes	9	Glenn	81-6	2
22 Kierre Reid		Mount Tabor	74-10	1
23 Mason McLendon	12	R.J. Reynolds	72-7	1
24 Marquis Cody		Parkland Magnet IB	69-4	1
25 Isaiah Screen	12	Carver	68-7	1
26 Makhhi Cross		Glenn	67-11	2
27 Christopher Mcdaniel		Parkland Magnet IB	63-9	2

Women Long Jump

NAME	YR	TEAM	MARK	H#
1 Jalaya Showers	11	Asheboro	16-4	2
2 Sage Quander	9	Forsyth Country Day	15-8	2
3 Jordan Gainey	9	Reagan	15-3	2
4 Jasmyn Johnson	11	Mount Tabor	15-0	2
5 Jakayla Jackson	12	Reagan	14-8.25	2
6 Churiqui Jackson	10	Parkland Magnet IB	14-5.50	1
7 Aneres Belin-Palmer	10	R.J. Reynolds	14-0	1
8 Guinevere Yap	9	Mount Tabor	13-10.50	2
9 Amauree Carter	12	West Forsyth	13-8.50	1
10 Kimyah Hobdy	12	Asheboro	12-9.50	1
11 Alicia Justiniano	11	West Forsyth	11-11	1
12 Kalaylah Allen	9	R.J. Reynolds	10-4.75	1

Men Long Jump

NAME	YR	TEAM	MARK	H#
1 Djibril Fall	11	Reagan	22-2	2
2 Charles Martin	10	Reagan	20-2.25	2
3 Aaron Tyson	11	Asheboro	20-1.50	2
4 Brayden Adams	10	West Forsyth	19-11	2
5 Josiah Cox	10	Asheboro	18-5.25	1
6 Jaydon Spruill	9	Asheboro	18-5	1
7 Quincy Lee	12	Asheboro	18-5	2
8 Max Williamson	11	West Forsyth	18-4	2
9 Samuel Ramirez	9	Reagan	18-1	1
10 Matthew Clegg	11	West Forsyth	17-11	2
11 Leo Parker	11	Mount Tabor	17-8	1
12 Jeremy Johnson	10	Parkland Magnet IB	17-7.75	1
13 Taylen Swindell	11	Parkland Magnet IB	16-11.75	1
14 Keston Greene	9	Reagan	16-10.50	2
15 Jack Wilson Houze	10	Mount Tabor	16-6.50	1
16 Kelly Ejirika II	11	Mount Tabor	16-5	1
17 Elijah Ingram	11	Asheboro	14-10	1
18 Xavier Henry	11	R.J. Reynolds	13-1	1

Women Triple Jump

NAME	YR	TEAM	MARK	H#
1 Lauryn Thacker	12	Reagan	33-1.50	1
2 Karmen Morgan	10	Mount Tabor	32-5.50	1
3 Jakayla Jackson	12	Reagan	32-5.25	1
4 Nyla Price	11	Asheboro	30-7	1
5 Christy Price	11	Asheboro	30-6	1
6 Aneres Belin-Palmer	10	R.J. Reynolds	29-9	1

Men Triple Jump

NAME	YR	TEAM	MARK	H#
1 Djibril Fall	11	Reagan	43-11	1
2 Josiah Felton	11	Mount Tabor	43-1	1
3 Aaron Tyson	11	Asheboro	42-1	1
4 Quincy Lee	12	Asheboro	38-4	1
5 Charles Martin	10	Reagan	38-2	1
6 Bryce Thompson	10	Reagan	37-10	1

Women High Jump

NAME	YR	TEAM	MARK	H#
1 Gigi Simon	12	Reagan	4-10	1
2 Karmen Morgan	10	Mount Tabor	4-6	1
3 Janiyah Blair	10	Mount Tabor	4-4	1
4 Ahtiana Myers	10	Mount Tabor	4-2	1
5 La'Oni Meeks	11	Mount Tabor	4-2	1
5 Kristina Tullos	10	West Forsyth	4-2	1
7 Rihanna King	9	Mount Tabor	4-0	1

Men High Jump

NAME	YR	TEAM	MARK	H#
1 Jakub Helmus	12	R.J. Reynolds	6-1	1
2 Wade Williams	9	R.J. Reynolds	6-1	1
3 Patrick Phillips	12	Mount Tabor	5-10	1
4 Brayden Adams	10	West Forsyth	5-10	1
4 Victor Peral	11	Mount Tabor	5-10	1
6 Sam Clifford	11	Reagan	5-6	1
7 Davis Lynch	12	Forsyth Country Day	5-6	1
8 Max Leonard	11	West Forsyth	5-4	1
9 Samuel Christie	9	Mount Tabor	5-2	1
10 Dion Hilliard	9	Reagan	5-0	1

Women Pole Vault

NAME	YR	TEAM	MARK	H#
1 Rachel Riley	10	Mount Tabor	11-1	1
2 Blythe Jaworsky	12	North Lincoln	11-1	1
3 Noelle Childs	12	West Forsyth	10-7	1
4 Evy Perrott	10	Forsyth Country Day	8-1	1
5 Guinevere Yap	9	Mount Tabor	7-1	1

Men Pole Vault

NAME	YR	TEAM	MARK	H#
1 Victor Peral	11	Mount Tabor	12-7	1
2 Grant Whalen	9	Mount Tabor	11-7	1
3 Wyatt Booth	10	West Forsyth	10-1	1
4 Owen Austin	10	West Forsyth	8-1	1
5 Dominic Villanueva	9	Mount Tabor	7-7	1